

Matrix deviations, random projections, Dvoretzky-Milman theorem

Recall from Lecture 11:

Then (Talagrand's comparison inequality): Let $\{X_e\}_{e \in T}$, $\{Y_e\}_{e \in T}$ be separable mean-zero processes, $\{Y_e\}_{e \in T}$ Gaussian w/ canonical metric d , $\{X_e\}_{e \in T}$ subgaussian w.r.t. d . Then

$$\mathbb{E} \sup_{e \in T} X_e \leq C \cdot \mathbb{E} \sup_{e \in T} Y_e$$

We'll derive from this several interesting results in high-dimensional probability, statistics, and geometry.

Chevet's inequality and matrix deviations

Then (Chevet's inequality): Let $X \in \mathbb{R}^{n \times m}$ have independent, mean-0, σ^2 -subgaussian entries. Then for any $S \subset \mathbb{R}^n$, $T \subset \mathbb{R}^m$,

$$\mathbb{E} \sup_{u \in S, v \in T} u^T X v \leq C \sigma (w(S) \text{rad}(T) + w(T) \text{rad}(S))$$

where $w(T) = \mathbb{E}_{g \sim N(0, I)} \sup_{t \in T} g^T t$ is the Gaussian width,

$\text{rad}(T) = \sup_{t \in T} \|t\|_2$ is the radius.

Proof: Set $X_{uv} = u^T X v$. Then $X_{uv} - X_{wz} = \sum_j X_{ij} (u_i v_j - w_i z_j)$

is σ^2 -subgaussian for

$$\begin{aligned}
\tau^2 &= \sigma^2 \cdot \|uv^T - wz^T\|_F^2 \leq \sigma^2 (\|(u-w)v^T\|_F + \|w(v-z)^T\|_F)^2 \\
&= \sigma^2 (\|u-w\|_2 \cdot \|v\|_2 + \|v-z\|_2 \cdot \|w\|_2)^2 \\
&\leq 2\sigma^2 (\|u-w\|_2^2 \cdot \text{rad}(T)^2 + \|v-z\|_2^2 \cdot \text{rad}(S)^2)
\end{aligned}$$

Consider $Y_{uv} = \sqrt{2}\sigma^2 (g^T u \cdot \text{rad}(T) + h^T v \cdot \text{rad}(S))$

where $g \sim N(0, I_n)$, $h \sim N(0, I_m)$ independent.

$$\Rightarrow \mathbb{E}(Y_{uv} - Y_{wz})^2 = 2\sigma^2 (\|u-w\|_2^2 \cdot \text{rad}(T)^2 + \|v-z\|_2^2 \cdot \text{rad}(S)^2)$$

By subgaussian comparison then,

$$\begin{aligned}
\mathbb{E} \sup_{u \in S, v \in T} X_{uv} &\leq C \cdot \mathbb{E} \sup_{u \in S, v \in T} Y_{uv} \\
&\leq C' \sigma (\omega(S) \text{rad}(T) + \omega(T) \text{rad}(S)).
\end{aligned}$$

Example: If $S = B^n$ (unit ball in ℓ_2) then $\omega(S) = \mathbb{E} \|g\|_2 \leq \sqrt{n}$, $\text{rad}(S) = 1$. This recovers $\mathbb{E} \|X\|_{\text{op}} \leq C(\sqrt{n} + \sqrt{m})$ from Lecture 7.

Example: If $S = [-1, 1]^n$ (unit ball in ℓ_∞) then

$$\omega(S) = \mathbb{E} \|g\|_1 \asymp n, \quad \text{rad}(S) = \sqrt{n}. \quad \text{So}$$

$$\mathbb{E} \sup_{u \in [-1, 1]^n, v \in [-1, 1]^m} u^T X v \leq C \sqrt{mn} (\sqrt{n} + \sqrt{m}).$$

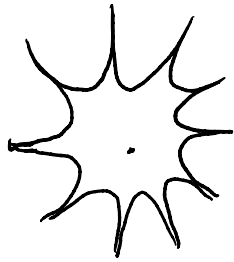
This is the same bound as if $[-1, 1]^n$ were replaced by $\sqrt{n} \cdot B^n$.

Example: If $S = \{t \in \mathbb{R}^n : \|t\|_1 \leq 1\}$ (unit ball in ℓ_1) then

$$w(S) = \mathbb{E} \|g\|_{\infty} \asymp \sqrt{\log n}, \quad \text{rad}(S) = 1. \quad \Sigma_0$$

$$\mathbb{E} \sup_{u, v: \|u\|_2, \|v\|_2 \leq 1} u^T X v \leq C(\sqrt{\log n} + \sqrt{\log m}).$$

In high dimensions, ℓ_2 -ball looks like:



Gaussian width is much smaller than ℓ_2 -ball,

Then (matrix deviation inequality): Let $X \in \mathbb{R}^{n \times m}$ have independent, mean-0, isotropic σ^2 -subgaussian rows (i.e. $\mathbb{E} X_i X_i^T = I$ and $u^T X_i$ is σ^2 -subgaussian for all unit vectors $u \in \mathbb{R}^n$). Then for any $T \subseteq \mathbb{R}^m$,

$$\mathbb{E} \sup_{u \in T} |\|X u\|_2 - \mathbb{E} \|X u\|_2| \leq C \sigma^2 \tilde{w}(T)$$

$$\text{where } \tilde{w}(T) = \mathbb{E}_{g \sim \mathcal{N}(0, I)} \sup_{t \in T} |g^T t|.$$

Proof: Define $X_u = \|X u\|_2 - \mathbb{E} \|X u\|_2$. We claim that

$$\|X_u - X_v\|_2 \leq C \sigma^2 \|u - v\|_2 \quad \forall u, v \in \mathbb{R}^n. \quad (*)$$

Assuming (*), noting $X_0 = 0$,

$$\mathbb{E} \sup_{u \in T} |X_u| \leq \mathbb{E} \sup_{u, v \in T \cup \{0\}} |X_u - X_v| = \mathbb{E} \sup_{u, v \in T \cup \{0\}} \underbrace{X_u - X_v}_{= X_{u-v}}$$

$$\text{where } \|X_{uv} - X_{wz}\|_{\ell_2}^2 \leq (\|X_u - X_w\|_{\ell_2} + \|X_v - X_z\|_{\ell_2})^2 \\ \leq 2C^2\sigma^4 (\|u-w\|_2^2 + \|v-z\|_2^2) = \mathbb{E}(Y_{uv} - Y_{wz})^2$$

$$\text{for } Y_{uv} = \sqrt{2} C \sigma^2 (u^T g + v^T h), \quad g, h \stackrel{i.i.d.}{\sim} \mathcal{N}(0, I).$$

$$\Rightarrow \mathbb{E} \sup_{u,v \in T \cup \{0\}} X_{uv} \leq C \cdot \mathbb{E} \sup_{u,v \in T \cup \{0\}} Y_{uv} \\ \leq C' \sigma^2 \mathbb{E} \sup_{t \in T \cup \{0\}} t^T g \leq C' \sigma^2 \tilde{w}(T).$$

It remains to show (*).

① Suppose first $\|u\|_2 = \|v\|_2 = 1$. Note that

$$\mathbb{P} \left[\frac{|\|X_u\|_2 - \|X_v\|_2|}{\|u-v\|_2} \geq s \right] = \mathbb{P} \left[\underbrace{\frac{\|X_u\|_2^2 - \|X_v\|_2^2}{\|u-v\|_2}}_{:= Z} \geq s (\|X_u\|_2 + \|X_v\|_2) \right] \\ \leq \underbrace{\mathbb{P}[|Z| \geq s\sqrt{n}]}_I + \underbrace{\mathbb{P}[\|X_u\|_2 + \|X_v\|_2 \leq \sqrt{n}]}_{II}.$$

- X_u has mean zero, variance 1, σ^2 -subgaussian entries

$$\Rightarrow \mathbb{P}[|\|X_u\|_2 - \sqrt{n}| \geq t] \leq 2e^{-\frac{ct^2}{\sigma^4}} \quad (\text{Lecture 2})$$

Similarly for $\|X_v\|_2$. So $II \leq 2e^{-\frac{cn}{\sigma^4}}$.

$$\bullet \quad Z = \sum_{i=1}^n z_i, \quad z_i := \frac{(x_i^T u)^2 - (x_i^T v)^2}{\|u-v\|_2} \quad \text{where}$$

$$\mathbb{E} z_i = 0, \text{ and } z_i = \frac{x_i^T(u-v) \cdot x_i^T(u+v)}{\|u-v\|_2} \text{ so}$$

$$\|z_i\|_{\psi_1} \leq \frac{1}{\|u-v\|_2} \cdot \|x_i^T(u-v)\|_{\psi_2} \cdot \|x_i^T(u+v)\|_{\psi_2} \leq C\sigma^2.$$

$$\Rightarrow I \leq 2e^{-c \min(\frac{s^2}{\sigma^4}, \frac{s\sqrt{n}}{\sigma^2})} \text{ by Bernstein inequality.}$$

$$\text{If } s \leq 2\sqrt{n} \text{ (recalling } \sigma \geq 1), \text{ this shows } I + \mathbb{I} \leq 4e^{-\frac{cs^2}{\sigma^4}}.$$

For $s > 2\sqrt{n}$, apply directly

$$\begin{aligned} \mathbb{P}\left[\frac{|\|X_u\|_2 - \|X_v\|_2|}{\|u-v\|_2} \geq s\right] &\leq \mathbb{P}\left[\left\|X \cdot \frac{u-v}{\|u-v\|_2}\right\|_2 \geq s\right] \\ &\leq \mathbb{P}\left[\left\|X \cdot \frac{u-v}{\|u-v\|_2}\right\|_2 - \sqrt{n} \geq \frac{s}{2}\right] \leq 2e^{-\frac{cs^2}{\sigma^4}}. \end{aligned}$$

Thus $\frac{\|X_u\|_2 - \|X_v\|_2}{\|u-v\|_2}$ is $C\sigma^4$ -subgaussian, i.e.,

$$\|X_u - X_v\|_{\psi_2} \leq C \left\| \frac{\|X_u\|_2 - \|X_v\|_2}{\|u-v\|_2} \right\|_{\psi_2} \leq C'\sigma^2 \|u-v\|_2.$$

② For general u, v , assume WLOG $\|u\|_2 = 1$ and $\|v\|_2 \geq 1$.

Let $\bar{v} = \frac{v}{\|v\|_2}$. Then

$$\begin{aligned} \|X_u - X_v\|_{\psi_2} &\leq \underbrace{\|X_u - X_{\bar{v}}\|_{\psi_2}} + \|X_{\bar{v}} - X_v\|_{\psi_2} \\ &\leq C\sigma^2 \|u - \bar{v}\|_2 \text{ by ① above.} \end{aligned}$$

$$\text{Since } |X_{\tilde{v}} - X_v| = |X_{\tilde{v}} - \mathbb{1}_v| \cdot |X_{\tilde{v}}| = \|\tilde{v} - v\|_2 \cdot |X_{\tilde{v}}|$$

$$\|X_{\tilde{v}} - X_v\|_{\ell_2} \leq \|\tilde{v} - v\|_2 \cdot \|X_{\tilde{v}}\|_{\ell_2} \leq C\sigma^2 \|\tilde{v} - v\|_2.$$

$$\begin{aligned} \text{So } \|X_u - X_v\|_{\ell_2} &\leq C\sigma^2 (\|u - \tilde{v}\|_2 + \|\tilde{v} - v\|_2) \\ &\leq C\sigma^2 (\|u - v\|_2 + \underbrace{2\|\tilde{v} - v\|_2}_{\leq \|u - v\|_2}) \leq C'\sigma^2 \|u - v\|_2. \end{aligned}$$

This shows (*).

Remark: For $\|u\|_2 = 1$, $\mathbb{P}[|\|X_u\|_2 - \sqrt{n}| > \epsilon] \leq 2e^{-\frac{C\epsilon^2}{\sigma^4}}$ so

$\mathbb{E} \|\|X_u\|_2 - \sqrt{n}\| \leq C\sigma^2$. Then

$$\sup_{u \in T} |\mathbb{E} \|\|X_u\|_2 - \sqrt{n}\| \|u\|_2| \leq C\sigma^2 \cdot \sup_{u \in T} \|u\|_2 \leq C\sigma^2 \tilde{w}(T)$$

So we also have

$$\mathbb{E} \sup_{u \in T} |\|\|X_u\|_2 - \sqrt{n}\| \|u\|_2| \leq C\sigma^2 \tilde{w}(T).$$

If T is the unit sphere, then $\tilde{w}(T) = w(T) \leq \sqrt{m}$. So the theorem shows

$$s_{\min}(X), s_{\max}(X) \in \sqrt{n} \pm O_{\text{ip}}(\sqrt{m})$$

in accordance with the tail bound from Lecture 7.

An application with a different choice of T is the following:

Then (low-rank covariance estimation): Let $X_1, X_n \in \mathbb{R}^m$ be iid with $\mathbb{E}X_i = 0$, $\text{Cov} X_i = \Sigma \in \mathbb{R}^{m \times m}$ and $\Sigma^{-1/2} X_i$ is σ^2 -subgaussian.

Let $\hat{\Sigma} = \frac{1}{n} \sum_{i=1}^n X_i X_i^T$ be the sample covariance estimate of Σ .

For any $\delta > 0$, there exists $C(\delta) > 0$ s.t.

$$\mathbb{P}[\|\hat{\Sigma} - \Sigma\|_{\text{op}} > C(\delta) \sigma^4 (\sqrt{\frac{r}{n}} + \frac{r}{n}) \|\Sigma\|_{\text{op}}] < \delta$$

where $r = \text{Tr} \Sigma / \|\Sigma\|_{\text{op}}$ is the "stable rank" of Σ .

Note: $r \leq \text{rank}(\Sigma) \leq m$ always. Unlike $\text{rank}(\Sigma)$, r is stable with respect to perturbations.

Proof: Let $Z_i = \Sigma^{-1/2} X_i$, $Z = \begin{bmatrix} -Z_1^T \\ \vdots \\ -Z_n^T \end{bmatrix} \in \mathbb{R}^{n \times m}$. Then

$$\|\hat{\Sigma} - \Sigma\|_{\text{op}} = \|\Sigma^{1/2} (\frac{1}{n} Z^T Z - I) \Sigma^{1/2}\|_{\text{op}}$$

$$= \sup_{v \in \mathbb{S}^{m-1}} |v^T \Sigma^{1/2} (\frac{1}{n} Z^T Z - I) \Sigma^{1/2} v|$$

$$= \sup_{u \in T} \frac{1}{n} |\|Zu\|_2^2 - n\|u\|_2^2| \quad T = \Sigma^{1/2} \mathbb{S}^{n-1}.$$

With probability $\geq 1 - \delta$, by Markov's inequality,

$$|\|Zu\|_2 - \sqrt{n} \|u\|_2| \leq C(\delta) \sigma^2 \tilde{w}(T) \quad \forall u \in T$$

$$\Rightarrow \frac{1}{n} |\|Zu\|_2^2 - n\|u\|_2^2| = \frac{1}{n} |\|Zu\|_2 - \sqrt{n} \|u\|_2| \cdot |\|Zu\|_2 + \sqrt{n} \|u\|_2|$$

$$\leq \frac{1}{n} \cdot C(\delta) \sigma^2 \tilde{w}(T) \cdot (C(\delta) \sigma^2 \tilde{w}(T) + 2\sqrt{n} \cdot \|u\|_2) \quad \forall u \in T.$$

$$\text{Hence: } \tilde{w}(T) = \mathbb{E} \sup_{u \in T} |g^T u| = \mathbb{E} \|\Sigma^{1/2} z\|_2 \leq (\mathbb{E} \|\Sigma^{1/2} z\|_2^2)^{1/2} = (\text{Tr } \Sigma)^{1/2}$$

$$\|u\|_2 \leq \|\Sigma^{1/2}\|_{\text{op}} = \|\Sigma\|_{\text{op}}^{1/2}$$

So w/ prob. $\geq 1-\delta$,

$$\begin{aligned} \|\hat{\Sigma} - \Sigma\|_{\text{op}} &\leq C'(\delta) \sigma^4 \left(\frac{\text{Tr } \Sigma}{n} + \frac{(\text{Tr } \Sigma \cdot \|\Sigma\|_{\text{op}})^{1/2}}{\sqrt{n}} \right) \\ &= C'(\delta) \sigma^4 \left(\frac{\sqrt{\text{Tr } \Sigma}}{n} + \sqrt{\frac{\text{Tr } \Sigma}{n}} \right) \cdot \|\Sigma\|_{\text{op}}. \end{aligned}$$

Random projections

Let us specialize to $X \in \mathbb{R}^{n \times m}$ w/ iid $\mathcal{N}(0,1)$ entries, and consider

$P = \frac{1}{\sqrt{n}} X$ as a random projection from $\mathbb{R}^m$ to $\mathbb{R}^n$. For $T \subset \mathbb{R}^m$,

what does PT look like?

Cor: For any $\delta > 0$, with probability at least $1-\delta$,

$$\|Pu - Pv\|_2 \in \|u - v\|_2 \pm \frac{C(\delta)}{\sqrt{n}} w(T) \quad \forall u, v \in T.$$

In particular, $\text{diam}(PT) \leq \text{diam}(T) + \frac{C(\delta)}{\sqrt{n}} w(T)$.

Proof: The preceding theorem + Markov's inequality imply, w/ prob. $\geq 1-\delta$,

$$\sup_{u, v \in T} \left| \|Pu - Pv\|_2 - \|u - v\|_2 \right| \leq \frac{C(\delta)}{\sqrt{n}} w(T)$$

Note $w(T-T) = \mathbb{E} \sup_{u,v \in T} |g^T(u-v)|$

$$= \mathbb{E} \sup_{u,v \in T} g^T(u-v) = w(T) + w(-T) = 2w(T).$$

This shows the first statement. The second follows from

$$\text{diam}(PT) = \sup_{u,v \in T} \|Pu - Pv\|_2, \quad \text{diam}(T) = \sup_{u,v \in T} \|u - v\|_2.$$

Interpretation: $\text{diam}(PT)$ has a phase transition. When

$$\text{diam}(T) \gg \frac{1}{\sqrt{n}} w(T), \text{ i.e., } n \gg \frac{w(T)^2}{\text{diam}(T)^2}, \text{ we have}$$

$\text{diam}(PT) \approx \text{diam}(T)$, and P is a near-isometry:

$$\|Pu - Pv\|_2 = \|u - v\|_2 + o(\text{diam}(T)) \quad \forall u, v \in T.$$

Here $\frac{w(T)^2}{\text{diam}(T)^2}$ is called the stable dimension of T .

If T is finite, then by the maximal inequality

$$w(T) = \mathbb{E} \sup_{t \in T} g^T(t - t_0) \leq \sqrt{2 \log |T|} \cdot \text{diam}(T)$$

so the above holds as long as $n \gg \log |T|$, recovering the condition of the Johnson-Lindenstrauss Theorem from Lecture 2.

In the complementary regime $\text{diam}(T) \ll \frac{1}{\sqrt{n}} w(T)$, the following shows that PT looks instead like a Euclidean ball in $\mathbb{R}^n$.

Thm (Dvoretzky-Milman): Suppose T containing 0 , let $\text{conv}(PT)$ be the convex hull of PT , and B_2^n the unit ball. Then w/ probability at least $1-\delta$,

$$r_- B_2^n \subseteq \text{conv}(PT) \subseteq r_+ B_2^n$$

$$\text{where } r_{\pm} = \frac{1}{\sqrt{n}} w(T) \pm C(\delta) \dim(T).$$

Proof: The claim $r_- B_2^n \subseteq \text{conv}(PT) \subseteq r_+ B_2^n$ is equivalent to:

$$\text{For all } u \in S^{n-1}, \quad r_- \leq \sup_{x \in PT} x^T u \leq r_+.$$

$$\begin{aligned} \text{Consider } Z &:= \sup_{u \in S^{n-1}} \left| \sup_{x \in PT} x^T u - \mathbb{E} \sup_{x \in PT} x^T u \right| \\ &= \frac{1}{\sqrt{n}} \sup_{u \in S^{n-1}} \underbrace{\left| \sup_{y \in T} y^T X u - \mathbb{E} \sup_{y \in T} y^T X u \right|}_{=: X_u} \end{aligned}$$

We claim

$$\|X_u - X_v\|_{\Psi_2} \leq C \cdot \dim(T) \|u - v\|_2 \quad \forall u, v \in S^{n-1} \quad (*)$$

Assuming (*), applying the subgaussian comparison theorem and some argument as in the matrix deviation inequality shows

$$\mathbb{E} \sup_{u \in S^{n-1}} |X_u| \leq C \cdot \dim(T) \tilde{w}(S^{n-1}) \leq C \sqrt{n} \cdot \dim(T).$$

Then w/ probability $\geq 1-\delta$, $Z = \frac{1}{\sqrt{n}} \sup_{u \in S^{n-1}} |X_u| \leq C(\delta) \cdot \dim(T)$

For every $u \in S^{n-1}$, we have

$$\mathbb{E} \sup_{x \in PT} x^T u = \frac{1}{\sqrt{n}} \mathbb{E} \sup_{y \in T} y^T X u = \frac{1}{\sqrt{n}} w(T)$$

so $Z \leq C(\delta) \cdot \text{diam}(T) \Rightarrow r_- \leq \sup_{x \in PT} x^T u \leq r_+$ as desired.

It remains to show (*).

Let $f(x) = \sup_{y \in T} y^T x$. Note $X \mapsto y^T(a + X^T b)$ is $\|y\|_2 \|b\|_2$ -Lipschitz

so $X \mapsto f(a + X^T b)$ is $\text{diam}(T) \cdot \|b\|_2$ -Lipschitz. Same holds

for $X \mapsto f(a - X^T b)$, so by Gaussian concentration,

$$\|f(a + X^T b) - \mathbb{E} f(a + X^T b)\|_{\psi_2} \leq C \text{diam}(T) \cdot \|b\|_2$$

$$\|f(a - X^T b) - \mathbb{E} f(a - X^T b)\|_{\psi_2} \leq C \text{diam}(T) \cdot \|b\|_2$$

Also $\mathbb{E} f(a + X^T b) = \mathbb{E} f(a - X^T b)$, so by triangle inequality,

$$\|f(a + X^T b) - f(a - X^T b)\|_{\psi_2} \leq C \cdot \text{diam}(T) \cdot \|b\|_2.$$

Take $b = \frac{u-v}{2}$, $a = X \cdot \frac{u+v}{2}$, noting a is independent of Xb b/c $(\frac{u+v}{2})^T (\frac{u-v}{2}) = 0$. This shows

$$\|f(Xu) - f(Xv)\|_{\psi_2} \leq C \text{diam}(T) \|u-v\|_2$$

conditional on a , and hence also unconditionally,
which is the claim (*).